Personal Traits and Qualities

Circle the traits and qualities that fit you, then choose five, and give examples of times or situations where you developed or experienced those qualities.

**Attitude**

positive

action- oriented straightforward open- minded realistic objective caring imaginative other \_\_\_\_\_

**Personal Style** assertive motivated energetic independent responsible persevering flexible calm

other\_\_\_\_\_ \_

**Interpersonal Style** humorous tactful adventurous enthusiastic cooperative competitive other \_\_\_\_\_

**Work Habits** efficient dependable resourceful detail- oriented takes initiative decisive

risk- taker other \_\_\_\_\_

**Trait Example**

# 1.

2.

# 3.

4.

5.