# Activity

Action plan

A huge well done for making it to the end of the course. You have worked so hard and done an amazing job.

[Take two minutes to fill out the post-course evaluation here.](https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAAAN__hq0ZaxURElYTk5ITTY3ODBXTlBZWFM4UENUMkdQUC4u)

Now it is time to put some of your learning into practice. Is there something you want to do? Want to try? Want to find out more about?

Use this space to reflect on this.

Putting an action plan down in writing can be a super powerful way to lay your intentions. It can be even more powerful to set a time-line and also a way you can be held accountable for your intention.

Have a think, jot them down, and all the best of luck!

**Task:** Will you give something a go? Meet someone? Find something out?

**Timeline:** When will you do this by?

**Accountability:** do you want to share this intention? Do you want me to help to hold you accountable?